



25th

Annual Scientific meeting of The Egyptian Hypertension Society



3rd - 4th May 2023
Cairo Marriott Hotel
- Cairo, Egypt

President of the meeting
Prof. Mohamed Abdel Ghany
Professor of Cardiology - Cairo University

President of EHS
Prof. M. Mohsen Ibrahim
Professor of Cardiology - Cairo University

Egy
Congress



Board of the Egyptian Hypertension Society

M. Mohsen Ibrahim Prof. of Cardiology- Cairo University	President of EHS
Omar Awwad Prof. of Cardiology-Ain Shams University	Vice president
Soliman Gharieb Prof. of Cardiology-Cairo University	Secretary of EHS
Wafaa El Aroussy Prof. of Cardiology-Cairo University	Treasurer of EHS
Hossam Kandil Prof. of Cardiology -Cairo University	Member
Fathy Maklady Prof. of Cardiology-Suez Canal University	Member
Azza Farrag Prof. of Cardiology-Cairo University	Member
Ghada Sayed Prof. of Cardiology-Cairo University	Member
Haytham Soliman Prof. of Cardiology-El-Fayoum University	Member

Scientific Committee (Alphabetically Ordered)

Abdallah Al Asry	Yamen	Azza El-Fiky	Ain Shams
Abdallah Agha	Cairo	Azza Farrag	Cairo
Abdallah Mashaly	Utopia	Azza Katta	NHI
Abdel Moniem Ibrahim	Cairo	Bassem Abdel Hamid	Military
Abdel Rahman Sharaf	Azhar	Bassem Zariief	NHI
Abdel Salam Al Sherif	Zagazig	Charl Boshra	NHI
Ahmed Abdel Latif Ramadan	Azhar	Dalia EL- Ramisy	Cairo
Ahmed Adel	Cairo	Egbal Ahmed Besheir	Sudan
Ahmed Al Barbary	MUST	Ehab Dawoud	Englo Hosp
Ahmed El Boraey	Cairo	Ehab El-Hefny	Azhar
Ahmed El Ghalid	Suez Canal	Ehab El-Khouly	Military
Ahmed El-Guindy	AHC	Ekram Sadek	Tanta
Ahmed El-Hawary	Suez Canal	Emad Abdel Hay	Mahala
Ahmed El Kerdany	Ain Shams	Essam Baligh	Cairo
Ahmed Emara	Menoufiya	Ezz El-Sawy	Azhar
Ahmed Ezz	Military	Fathy Maklady	Suez Canal
Ahmed Farid	Suez Canal	Fouad El Nawawy	Cairo
Ahmed Fathy	NHI	Fouad Fawzy	Cairo
Ahmed Gaafar	Helwan	Galal El-Said	Cairo
Ahmed Kamel	NHI	Gamila Nasr	Suez Canal
Ahmed Magdy	NHI	Gehan Fouad	Nutration
Ahmed Mohsen	Cairo	Ghada Kazamel	NHI
Ahmed Nassar	Ain Shams	Ghada Sayed	Cairo
Ahmed Omar	Military	Hala Mahfouz	Menoufiya
Ahmed Sabry	Military	Hamdy Nagah	NHI
Ahmed Said	Military	Hamdy Soliman	NHI
Ahmed Shawky	Ain Shams	Hany Neamatallah	France
Ahmed Talaat	Nephrology	Hassan Khaled	Cairo
Ahmed Yehia Hegab	NHI	Hatem Ibrahim	NCHI
Alaa Etman	NHI	Haytham Soliman	Fayoun
Amal Rizk	Cairo	Heba El-Deeb	Cairo
Amin Fouad	Military	Hesham Aboul Enien	Benha
Amir Anwar	Cairo	Hesham Ammar	NHI
Amr Abdel Aal	Helwan	Hesham Hegazy	Suez Canal
Amr El-Guindy	Police	Hesham Rashid	Benha
Amr Youssef	Assuit	Hesham Salah El-Din	Cairo
Ashraf Ahmed	NHI	Hesham Yehia	Cairo
Assem Abdel Aziz	Cairo	Hossam Abdel Basset	Military
Ayman Aboul Magd	Azhar	Hossam Beshr	Military
Ayman El-Saied	Tanta	Hossam El- Hossary	Cairo
Ayman Saleh	Ain Shams	Hossam El- Shaer	Zagazig
Aziz Madkour	Azhar	Hossam Kandil	Cairo
Azza El-Eraky	Portsaid	Hossam Mansour	AHC

Hossam Mowafy	Cairo	Mohamed Zaki	NHI
Hussien El- Fishawy	Cairo	Moustafa Wafik	Nephrology
Inas Shaltout	Cairo	Nabil Farag	Ain shams
Islam Shawky	Azhar	Nabil Gobran	NHI
Karim Bakry	Cairo	Nasser Taha	Menia
Karim Said	Cairo	Nereen Okasha	Ain Shams
Khairy Abdel Dayem	Ain Shams	Noha Hassanien	Cairo
Khaled El- Khashab	Fayoum	Nawal Shawky	NHI
Khaled El Nady	Military	Omar Awwad	Ain Shams
Khaled El-Rabbat	Benha	Omar El-Khashab	Cairo
Khaled El-Tohamy	NHI	Ossama El-Refaei	Ain Shams
Khaled Refaat	Beni Suif	Ossama sanad	Benha
Khaled Sayed El-Maghraby	Menia	Ragab Abdel Salam	Zagazig
Khaled Shokry	Military	Raghda El-Shiekh	Tanta
M. Mohsen Ibrahim	Cairo	Ramadan Ghaleb	Aswan
Magdy Abdel Hamid	Cairo	Reda Diab	Ain Shams
Maged El Abbady	NHI	Reham Darwish	Cairo
Maged Ramsis	NHI	Sahar El Shedoudy	Tanta
Mahmoud El Alfy	MUST	Said Khaled	Ain Shams
Mahmoud Hassanien	Alexandria	Salwa Ibrahim	Nephrology
Mahmoud Soliman	Menoufiya	Sameh Shaheen	Ain Shams
Mahmoud Tantawy	MUST	Samia El Kady	NHI
Mai Salama	Tanta	Seham Badr	Tanta
Manal El-Deeb	Cairo	Shady Hussien	Mansoura
Mansour Mostafa	Azhar	Shady Mancy	Insurance
Marwa Meshael	Cairo	Sharaf El-Din Shazly	Sohag
Matta Nashed	NHI	Shehab El-Etriby	Ain Shams
Medhat Ashmawy	Tanta	Shereen El-Gingigy	Cairo
Mohamed Abdel Ghany	Cairo	Sherif El- Beltagy	Alexandria
Mohamed Abdel Hady	NHI	Sherif El-Tobgy	Cairo
Mohamed Abdel Megied	Cairo	Sherif Hafez	Cairo
Mohamed El-Noamany	Menoufiya	Sherif Mokhtar	Cairo
Mohamed El-Ramly	Cairo	Soliman Ghareeb	Cairo
Mohamed El-Seteha	Tanta	Taghreed Helal	Rail Way
Mohamed Hassan	Cairo	Tamer Abo-Arab	Ain Shams
Mohamed Khedr	Military	Tarek El-Khouly	Cairo
Mohamed Momtaz	Cairo	Tarek Fayad	Nephrology
Mohamed Oraby	Suez Canal	Tarek Kafafy	Assuit
Mohamed Seleem	NHI	Tarek Naguib	Zagazig
Mohamed Shaheen	Azhar	Tarek Rashid	Ain Shams
Mohamed Wafaie	Zagazig	Tarek Zaki	Ain Shams
Mohamed Zahran	Ain Shams	Wael El Khouly	Omron

Wael El Naggat	Cairo	Yasser Abdel Hady	Beni Suif
Wafaa Al-Aroussy	Cairo	Yasser Baghdady	Cairo
Waleed Ammar	Cairo	Yasser El-Sayed	Azhar
Waleed El Awady	Zagazig	Yasser Huzayen	Cairo
William Mouris	MOH	Yehia Kishk	Assuit

Guest Speakers "Alphabetical Order"



Prof. Bader Ali Almustafa ***KSA***



Prof. Ghazi Farhan Haji ***Iraq***



Prof. Giuseppe Mancia ***Italy***



Prof. Paul Whelton ***USA***



Prof. Magdi Jameel ***Sudan***



Prof. Nour Aldin Al Jaber ***Yemen***



Prof. Neil Poulter ***London***



Prof. Taha Al-Maimoony ***Yamen***

Companies Acknowledgement

The Organizing Committee expresses their thanks and gratitude to the industry participants who played a major role in bringing this event to Light.

OMRON **sanofi**  **NOVARTIS**

UTOPIA
THE LIFE YOU DESERVE

 **the MENARINI**
group

 **SERVIER**


ZETA PHARMA[®]

Wednesday 3th May 2023

08:00 - 15:00

Registration

Session 1

9:00 – 10:00

Interactive problem solving: Clinical dilemma

Chairpersons: "in alphabetical Order"	Ahmed El Ghalid	Ehab El-Khouly	Mohamed Seleem
	Ahmed Fathy	Khaled El Nady	Neil Poulter (UK)
	Aziz Madkour	Mohamed El-Ramly	Omar Awwad
	Bader Almustafa		

09:00 - 09:15	Ahmed Mohsen	Cairo
09:20 - 09:35	Mohamed Zahran	Ain Shams
09:40 - 09:55	Hamdy Nagah	NHI

Each Lecture is 15 min followed by 5 min for discussion

Session 2

10:00 – 11:00

Controversies in Hypertension

Chairpersons: "in alphabetical Order"	Ahmed Al Kerdany	Khaled El-Nady	Sameh Shaheen
	Ehab El-Hefny	M. Mohsen Ibrahim	Soliman Ghareeb
	Galal El-Said	Maged Ramsis	Yasser Baghdady

10:00 - 10:15	Hypertension during exercise should be treated?	Bader Almustafa (KSA)
10:20 - 10:35	Central or brachial blood pressure measurement?	Mohamed Seleem (NHI)
10:40 - 10:55	Should anti-hypertensive medications be given at night?	Neil Poulter (UK)

Each Lecture is 15 min followed by 5 min for discussion

Wednesday 3th May 2023

11:00 – 11:10

Opening Ceremony

11:00 - 11:05	President of EHS	M. Mohsen Ibrahim
11:05 - 11:10	Chairman of the Meeting	Mohamed Abdel Ghany

Session 3

11:10 – 11:30

State of Art lecture

Chairpersons: "in alphabetical Order"	Abdel Moniem Ibrahim	Fathy Maklady	Magdy Abdel Hamid
	Ahmed Yehia Hegab	Khairy Abdel Dayem	Nasser Taha
	Amr El-Guindy	Khaled Shokry	Neil Poulter (UK)
	Essam Baligh		
11:10 - 11:30	Hypertension in the elderly	M. Mohsen Ibrahim (Cairo)	

Session 4

11:30 – 12:30

Challenges in hypertension management in 2023

Chairpersons: "in alphabetical Order"	Amal Rizk	Gamila Nasr	Mansour Mostafa
	Ehab Dawoud	Ghazi Farhan (Iraq)	Nawal Shawky
	Fouad El Nawawy	Hesham Salah El-Din	Tarek Naguib
11:30 - 11:45	The growing contribution of real life data to hypertension research	Giuseppe Mancia (Italy) Virtual Coordinator: Karim Bakry (Cairo)	
11:50 - 12:05	Management of hypertension with orthostatic hypotension	Ghada Kazamel (NHI)	
12:10- 12:25	Isolated diastolic hypertension	Ahmed Shawky (Ain Shams)	
Each Lecture is 15 min followed by 5 min for discussion			

12:30 - 13:00

Coffee Break

Wednesday 3th May 2023

Omron Symposium
13:00 – 13:30



Chairpersons: "in alphabetical Order"	Abdel Salam Al Sherif	Mohamed Khedr	Soliman Ghareeb
	Hossam El- Hossary	Mohamed Oraby	Wael El Khouly
	M. Mohsen Ibrahim		

13:00 - 13:20	Which device to measure blood pressure accurately?	Ghada Sayed (Cairo)
13:20 - 13:30	Omron academy new platform	Wael El Khouly

Session 5

13:30 – 14:15

Hot topics in hypertension 2023

Chairpersons: "in alphabetical Order"	Ahmed Al Kerdany	Nabil Farag	Sherif El-Tobgy
	Bassem Abdel Hamid	Samia El Kady	Yehia Kishk
	Maged El Abbady		

13:30 - 13:40	Treatment and Control of High Blood Pressure: The Way Forward	Paul K. Whelton (USA) "Virtual" Coordinator: Ahmed El Boraey (Cairo)
13:45 - 13:55	Digital therapeutics in hypertension	Ahmed Adel (Cairo)
14:00 - 14:10	New pharmacotherapy in hypertension	Karim Said (Cairo)

Each Lecture is 10 min followed by 5 min for discussion

Wednesday 3th May 2023

Menarini Symposium

14:15 - 14:45



Chairpersons: "in alphabetical Order"	Hamdy Soliman	Hossam Mansour	Matta Nashed
	Hesham Aboul Enien	Khaled Refaat	Wael El Naggar

14:15 - 14:30	Innovation in ischemia Management	Mohamed Abdel Ghany (Cairo)
14:30 - 14:45	B-blockers aren't the same	Mohamed Zahran (Ain Shams)

Session 6

14:45 – 15:15

State of Art lecture

Chairpersons: "in alphabetical Order"	Ahmed Al Barbary	Hesham Yehia	Mohamed Wafaie
	Ashraf Ahmed	Hossam Abdel Basset	Waleed Ammar
	Hesham Hegazy	Mohamed El-Seteha	Waleed El Awady

14:45 - 15:15	Optimal drug sequencing for CV protection	Neil Poulter (UK)
----------------------	---	-------------------

Each Lecture is 25 min followed by 5 min for discussion

Wednesday 3th May 2023

Utopia Symposium



15:15 – 15:45

Chairpersons: "in alphabetical Order"	Ahmed Abdel Latif Ramadan	Khaled El-Rabbat	Mohamed Zaki
	Hesham Rashid	Mohamed Oraby	Reham Darwish
	Hossam Beshr		

15:15 - 15:30	ESC guidelines in Management of Hypertension	Yasser Baghdady (Cairo)
15:30 - 15:45	What can Telmisartan add to Hypertensive patients in Egypt?	Abdallah Mashaly

Servier Symposium

15:45 -16:00



Chairpersons: "in alphabetical Order"	Ahmed Ezz	Khaled Sayed El-Maghraby	Raghda El-Shiekh
	Hatem Ibrahim	Noha Hassanien	Sharaf El-Din Shazly
	Hossam El- Shaer	Ragab Abdel Salam	

15:45 - 16:00	3D Blood Pressure Control	Yasser Huzayen (Cairo)
----------------------	---------------------------	------------------------

Wednesday 3th May 2023

Session 7

16:00 - 17:15

Best publications in Arab world

Chairpersons: "in alphabetical Order"	Abdel Rahman Sharaf	Egbal Ahmed Besheir (Sudan)	Ossama El-Refaei
	Ahmed Magdy	Hala Mahfouz	Sherif El- Beltagy
	Ahmed Sabry	Mohamed Hassan	Taha El Maimony
	Assem Abdel Aziz	Noha Hassanien	William Mouris

16:00 - 16:15	Saudi Arabia	Bader Almustafa (KSA)
16:15 - 16:30	Iraq	Ghazi Farhan (Iraq)
16:30 - 16:45	Egypt	Azza Farrag (Cairo)
16:45 - 17:00	Sudan	Magdi Jameel (Sudan)
17:00 - 17:15	Yemen	Nour Aldin Al Jaber (Yemen)

17:15

Lunch

Thursday 4th May 2023

Session 8

09:00 – 10:00

How to interpret 24 hour ambulatory BP recording

Chairpersons: "in alphabetical Order"	Amin Fouad	Mahmoud Tantawy	Shady Mancy
	Charl Boshra	Mohamed Shaheen	Soliman Ghareeb
	Dalia EL- Ramisy	Omar Awwad	Tamer Abo-Arab

09:00 - 09:30	How to interpret 24 hour ambulatory BP recording	Haytham Soliman (Fayoum)
09:30 - 10:00	Real life case discussion	Heba El-Deeb (Cairo) Amr Abdel Aal (Helwan)

Session 9

10:00 – 11:00

Break through Clinical trials

Chairpersons: "in alphabetical Order"	Emad Abdel Hay	Marwa Meshael	Sherif Mokhtar
	Hesham Ammar	Mohamed Abdel Hady	Tarek Rashid
	Karim Said	Ossama sanad	Tarek Zaki
	Khaled El- Khashab		

10:00 - 10:10	Sprint trial extended	Shehab El-Etriby (Ain Shams)
10:12 - 10:22	SPYRAL HTN-ON MED	Ahmed Omar (Military)
10:24 - 10:34	PARAGON trial	Amir Anwar (Cairo)
10:36 - 10:46	STEP trial	Ahmed Farid (Suez Canal)
10:48 - 10:58	BrigHTN trial	Ahmed Kamel (NHI)

Each Lecture is 10 min followed by 2 min for discussion

Thursday 4th May 2023

Sanofi Symposium
11:00-11:30



Chairpersons: "in alphabetical Order"	Abdallah Agha	Mohamed Abdel Megied	Tarek El-Khouly
	Hassan Khaled	Reda Diab	Tarek Kafafy
	Khaled El-Tohamy	Taghreed Helal	

11:00-11:30	Hypertension management and beyond	Shehab El Etriby (Ain Shams)
--------------------	------------------------------------	---------------------------------

Session 10
11:30 – 12:00
State of Art lecture

Chairpersons: "in alphabetical Order"	Azza El-Fiky	Mai Salama	Seham Badr
	Fathy Maklady	Nereen Okasha	Shereen El-Gingigy
	Hossam Mowafy	Sahar El Shedoudy	Yasser El-Sayed

11:30 - 11:42	What does the future hold for management for HTN	Giuseppe Mancia (Italy) Virtual Coordinator: Fouad Fawzy (Cairo)
11:45 - 11:57	HTN management in cancer patient	Ramadan Ghaleb (Aswan)

Each Lecture is 12 min followed by 3 min for discussion

12:00 - 12:30	Coffee Break
----------------------	---------------------

Thursday 4th May 2023

Session 11

12:30 -13:30

Cardiologists meet Endocrinologists

Chairpersons: "in alphabetical Order"	Ahmed El-Guindy	Ayman El-Saied	Hossam Kandil
	Ahmed El-Hawary	Hesham Salah El-Din	Shady Hussien
	Ahmed Emara	Sherif Hafez	Yasser Abdel Hady
	Amr Youssef		

12:30 - 12:45	Phenotypes of arterial hypertension in patients with diabetes mellitus	Bassem Zariief (NHI)
12:50 - 13:05	Cardiometabolic disease in the young diabetic	Inas Shaltout (Cairo)
13:10 - 13:25	Hypertension and Type 2 Diabetes - The Novel Treatment Possibilities	Mohamed Hassan (Cairo)

Each Lecture is 15 min followed by 5 min for discussion

Session 12

13:30 - 14:00

Salt content in food and dietary management in hypertension

Chairpersons: "in alphabetical Order"	Ahmed El Ghalid	Gehan Fouad (معهد التغذية)	Mahmoud Soliman
	Ahmed Nassar	Hossam Kandil	Wafaa Al-Aroussy
	Ayman Saleh	Mahmoud El Alfy	

14:30 - 14:40	Dietary salt content and hypertension	Hany Neamatallah
14:45 - 14:55	Hypertension & Diet: Myths & Facts	Bader Almostafa (KSA)

Each Lecture is 10 min followed by 5 min for discussion

Thursday 4th May 2023

Novartis Symposium
14:00-14:30



Chairpersons: "in alphabetical Order"	Ahmed El Ghalid	Azza Katta	Islam Shawky
	Ahmed Talaat	Ekram Sadek	Nabil Gobran

14:00 - 14:30	Blood Pressure variability	Mohamed Abdel Ghany (Cairo)
---------------	----------------------------	--------------------------------

Session 13

14:30 - 15:30

Cardiologists meet Nephrologists

Chairpersons: "in alphabetical Order"	Ezz El-Sawy	Manal El-Deeb	Omar El-Khashab
	Ghada Sayed	Mohamed Abdel Ghany	Salwa Ibrahim
	Ghazi Farhan (Iraq)	Mohamed El-Noamany	Tarek Fayad
	Mahmoud Hassanien	Moustafa Wafik	

14:30 - 14:45	Resistant hypertension in chronic kidney disease the double challenge	Mohamed Momtaz (Cairo)
14:50 - 15:05	Intradialysis hypertension in end-stage renal disease: epidemiology, pathogenesis, and treatment	Hussien El- Fishawy (Cairo)
15:10 - 15:25	New therapeutic potentials in hypertension-Associated kidney disease	Alaa Etman (NHI)

Each Lecture is 15 min followed by 5 min for discussion

Thursday 4th May 2023

Session 14

15:30 - 16:45

Hypertension prevention in the Arab world

Chairpersons: "In alphabetical Order"	Abdallah Al Asry (Yemen)	Ahmed Said	Medhat Ashmawy
	Abdel Moniem Ibrahim	Ayman about Magd	Mohamed Abdel Ghany
	Ahmed Gaafar	Azza El-Eraky	Said Khaled
	Ahmed Nassar	Fathy Maklady	

15:30 - 15:40	Iraqi experience	Ghazi Farhan (Iraq)
15:45 - 15:55	Sudanese experience	Magdi Jameel (Sudan)
16:00 - 16:10	Yemenis experience	Taha El Maimony (Yemen)
16:15 - 16:25	Saudi experience	Bader Almustafa (KSA)
16:30 - 16:40	Egyptian experience	Wafaa El Aroussy (Cairo)

Each Lecture is 10 min followed by 5 min for discussion

16:45 – 17:00 Closing Remarks

17:00 Lunch

Workshops

Wednesday 3th May 2023	Workshop 1 10:00-11:30	Nursing session: How to measure BP and prevent hypertension
---	---	---

Chairpersons: <small>"in alphabetical Order"</small>	Afrah Mohammed	Karima Mohamed	Tarek Hosny
	Hanan Farahat		
Moderators:	Gamila Nasr	Omar Awwad	

20 mins	Pregnancy induced hypertension	Moataz Abdel Salam (Galala University)
20 mins	Hypertension complications	Ahmed Samir (Al Nas Hospital)
20 mins	How to control B.P without medications	Amr Abd Rabou Eid (Cairo)
20 mins	Nursing role with Hypertension patients	Ali Adel (Cleopatra – El Shorouk)

Wednesday 3th May 2023	Workshop 2 12:00-14:00	Renal denervation Moderator : Hazem Khamis Co-moderators : Yasser Sadek- Karim Mahmoud
---	---	---

Thursday 4th May 2023	Workshop 3 10:00-12:00	Public Awareness NHPP Moderators : M. Mohsen Ibrahim - M. Abdel Ghany - Wafaa El-Aroussy – Omar Awwad - Soliman Ghareeb - Ghada Sayed
---	---	---

12:00 - 12:30	Coffee Break
----------------------	---------------------

Thursday 4th May 2023	Workshop 4 13:00-15:00	Pharmacists session: How to measure BP and prevent hypertension
---	-----------------------------------	--

Chairpersons: <small>"in alphabetical Order"</small>	Bader Almustafa	Ghazi Farhan	Safwat Abdel Maksoud
	Ghada Abdel Bary	Soliman Ghareeb	
Speakers :	Ghada Sayed	Haytham Soliman	Heba El Deeb